

Terms and Conditions

*This is a one-time consultation and depending on the case your discussion might last for 20 to 25 minutes. Luke will try and give you a solution at the meeting, however if there is a medical condition, he might also suggest that you sign up for one of our online personalized coaching programs, where the Nutritionist would be able to monitor and coach you, over the duration of your program. Luke will decide this with you at the meet, do let him know if you would not want to sign up for a program.

*A diet plan will not be shared at the time of your consult as Luke believes in Holistic Healing and a change in lifestyle is required to achieve better health. A change in diet / lifestyle would require a formal plan clubbed with daily support and monitoring for a period of time and hence a program will greatly support the objectives.

*Luke is extremely punctual, and for a successful meeting, he expects the same from you. Request you to kindly be on time for the appointment slot assigned to you. Luke has back to back meetings set up, and he will not be able to overlap the next scheduled appointment.

*Luke will wait for you for 15 minutes, after which he will cancel the appointment. The amount for a 'No-show' without prior information will not be refunded, nor will the meeting be rescheduled. In case of a 'No-Show' a new paid appointment will have to be scheduled.

*Please inform us at least 72 hours in advance, if you are unable to attend the meeting. We will try to re-schedule your appointment based on availability.

*Kindly carry or keep your reports and personal details file with you at the time of your consult.

* This is a gentle reminder to upload your Medical Reports and fill out your Personal Details form latest before 48hrs of your appointment. This is to ensure that your consult is qualitative and Luke has had time to evaluate your reports and details in advance so your meeting is productive and mainly a discussion to address your queries and concerns.

*If unfortunately, you cross the dead line, request you to still upload same, however keep it handy at the time of your consult as Luke might not have had the opportunity to review same.